



Epping Forest

Registered Charity

Cycling Code of Conduct

- Use the shared use trails considerably to ensure the safety of others. Let people know you are there with a greeting or bell. Pedestrians and horse riders have priority.
- Approach corners and descents with caution; dogs, wildlife and cattle may cross your path unexpectedly.
- Racing bicycles (including digital KOM/QOM 'chasing') is prohibited in Epping Forest.
- Building or digging jumps or berms and tree cutting is prohibited.
- Leave no trace. Use the existing routes and avoid skidding to prevent erosion. Take your litter home.
- Leave gates as you find them, to prevent cattle straying.
- Respect 'No cycling' restrictions that exist to protect ancient monuments, easy access paths and delicate habitats.

www.cityoflondon.gov.uk/eppingforest
020 8532 1010



@CoLEppingForest



Epping Forest City of London



Coleppingforest

This is one of
14 green spaces
managed by the
City of London at
little cost to the
general public.

